



Verbos y Pronombres Reflexivos

Pronoun	Reflexive Pronoun	Pronoun	Reflexive Pronoun
yo (I)	me	nosotros (we)	nos
tú (you familiar singular)	te	vosotros (you familiar plural)	os
usted (you formal singular)	se	ustedes (you formal plural)	se
el / ella (he, she)	se	ellos (they)	se

Some Regular Reflexive verbs:

levantar: to get up,
to pick up

lavar: to wash

cepillar: to brush

bañar: to take a
bath or shower

duchar: to take a
shower

secar: to dry

mojar: to wet,
or get wet

desayunar: to eat
breakfast

llamar: to call or
be called

olvidar: to forget

enojar: to get angry

disculpar: to
apologize

Use 1. To talk about one's daily routine or usual activities. Place reflexive pronoun before the conjugated verb.

Yo me cepillo los dientes todos los días.

Use 2. To give commands, or to say what you like or are going to do. Place after a verb in infinitive. Usually combined with "gustar" (to like), "ir" (to go) or "tener" (to have).

Me gusta cepillarme los dientes todos los días.

¡Tengo que cepillarme los dientes!

¡Voy a cepillarme los dientes!

